



News That Love Built



The Ronald McDonald House Charities mission is to “create, find and support programs that directly improve the health and well being of children.”

Summer 2015

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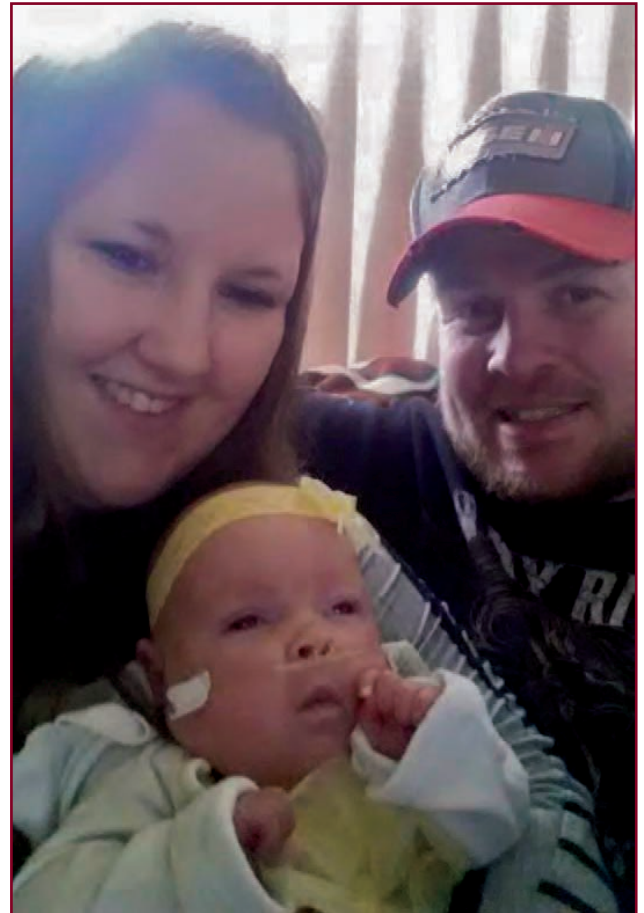
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“Thank You”

We would just like to say thank you to the Ronald McDonald House and all the staff for giving us a place to stay while our daughter was in the NICU. Our daughter Riley was in the NICU for 3 1/2 months, and the House allowed us to be close to her every single day! The amount of support that we received from the staff was amazing in our time of need! We are forever grateful!

Samantha Knoll and Family



Remember Our Charitable Canisters

Whether you're driving through or dining in, please remember our Charitable Canisters at your local McDonald's. Your spare change directly supports the children and families of Ronald McDonald House Charities.



Thanks a lot...



Thanks for this awesome donation of Needs List Items and aluminum tabs from these 3rd graders of Sugar Camp Elementary School in Rhinelander & Three Lakes School District!



Thanks to our SERVE WITH LIBERTY-Wausau Volunteers who donated a total of 40 hours on May 6th-their 4th annual- doing a lot of yard work, washing windows, making salads, grilling out for our House families for lunch!

Thanks so much to the Frank family for stopping by on Earth Day to drop off 5 gallons of aluminum tabs. Her parents stayed at the Ronald McDonald House when Eloise was born. Tabbing is a great way to give back and recycle resources.

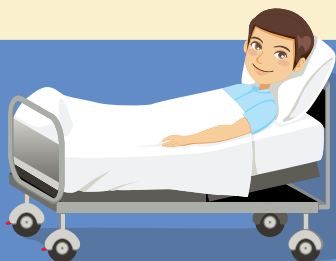


St. Peter Lutheran School of Schofield Kindergarten Class stopped in with their annual aluminum tab donation. It was a perfect time to get a photo op with Ronald McDonald!



RONALD McDONALD HOUSE® PROGRAM IMPACT

Ronald McDonald House *Benefits and Impact*



In a survey of **250 families**, researchers found that children and their parents, who stayed at a Ronald McDonald House, had a better **perceived quality of life** than expected for children with chronic diseases.¹

27% of parents experienced post-traumatic stress symptoms several months after their child's discharge³ from a hospital stay, but Ronald McDonald Houses help their guests **strengthen coping abilities** by keeping families together.⁴



Ronald McDonald Houses provide **spaces to play**. Playing with other children experiencing similar situations can help these children cope with trauma.⁶

The Ronald McDonald Houses' **proximity to hospitals** provides important benefits for children and their caregivers, such as improved psychological well-being and better perceptions of their child's recovery.²



Parents whose children have longer hospital stays benefit from **higher quality sleep** at a Ronald McDonald House compared to parents who slept at their child's hospital bedside.⁵

Ronald McDonald Houses can provide an **alternative** for patients who need to remain close to the hospital for extended periods but do not require active daily medical care.⁷



References

1. Sanchez et al. *Archivos Argentinos de Pediatría* (2014)
2. Franck et al. *Families, Systems, & Health* (2013)
3. Wray et al. *Journal of Child Health Care* (2011)
4. Nabors et al. *Families, Systems, & Health* (2013)

5. Franck et al. *Behavioral Sleep Medicine* (2013)
6. Nabors et al. *Issues in Comprehensive Pediatric Nursing* (2013)
7. Dexter et al. *Journal of Perinatology* (2004)

Volunteering Brings Many Benefits!

Volunteering has long been valued as part of a common ethic among folks in the United States. Volunteering can be formal—as in devoting time at a favorite non-profit charity each week like the Ronald McDonald House—OR informal, in the shape of doing a favor for friends or neighbors. While your volunteer activities are performed with the intention of helping others, there is also evidence that those who give of themselves also receive!

Research has established a connection between volunteering and health:

- those who volunteer have lower mortality rates
- those who volunteer have greater functional ability
- those who volunteer have lower rates of depression later in life than those who do not volunteer

Comparisons of the health benefits of volunteering for different age groups have also shown that older volunteers are the most likely to receive greater benefits from volunteering, whether because you are more likely to face higher incidence of illness or because volunteering provides you with physical and social activity and a sense of purpose at a time when your roles are changing.

Volunteers who devote a “considerable” amount of time to volunteer activities (about 100 hours per year) are most likely to exhibit positive health outcomes.

In its most recent annual report, the Corporation for National and Community Service shows WISCONSIN volunteerism ranks FIFTH among the 50 states and Washington, DC. WISCONSIN has an average volunteer rate of 35.1 percent of its residents, with approximately 1.6 million volunteers serving approximately 164 million total hours per year. (Our volunteers donated 750+ of those hours last year).

Thank you to our co-“Senior Volunteers of the Year” Denise Eiberg and Cindy Schecklman. They have both served the House for eleven years with the Evening Manager Georgi Sartain. We also honor Sheila Weis for 25 years of volunteer service this July, 2015.



THANK YOU ALL FOR OFFERING THE GIFT OF TIME. You have extraordinary hearts, and it means everything to us and the families that we serve!

Denise Eiberg,
Evening Manager Georgi Sartain,
Cindy Schecklman

24th Annual Musky Memorial Classic

The 24th Annual Kevin Worrall Memorial Musky Classic will be held on Saturday, Sept 12, 2015 in memory of Kevin Worrall, who loved to fish. This tournament was a HUGE success last year in part to our sponsors, fishermen and volunteers. We had an outstanding turn out with a total of 106 boats. We ended up donating a total of \$8,079.00 to the Ronald McDonald House in Marshfield.

Sherri & Gary Gerrits of Gerrits Lakeview Pelican Lake, WI - Home of the Musky

Email: sggerrits@frontiernet.net
(for more details and entry form)



5K Fun Run/Walk

August 15, 2015
10:30am

Prentice, WI - Lions Park

Join us for a fun run/walk to raise money for the Ronald McDonald House in Marshfield.

Registration will take place at the Lions Park Pavilion across from the Prentice High School from 10:00-10:30am.

Water, Fruit and Snacks will be provided.

\$20 Registration Fee (includes t-shirt)

Non-racers may purchase a t-shirt for \$10.

ALL AGES WELCOME

To register, call Josie at 715-428-2171.



RONALD MCDONALD
HOUSE CHARITIES

MARSHFIELD

Cranberry Century BIKE TOUR



Charity Event

Sunday, September 20, 2015

20, 40, 64 & 100-Mile Bike Tours

Pre-register at rmhc-marshfield.org
or call 715.387.5899



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February 16, 2015 -
June 15, 2015

Many Thanks

Anyone who does
anything to
help a child is
a hero to me.

-Fred Rogers

The Ronald McDonald House of Marshfield is a not-for-profit organization that provides a temporary "home-away-from-home" for families whose children are undergoing medical treatment at Ministry Saint Joseph's *Children's* Hospital or Marshfield Clinic. The House relies on the support of individuals, businesses and organizations to provide services to families in need. We would like to acknowledge those who have

demonstrated their support in many ways during the past quarter. This list represents cash and in-kind contributions received from February 16, 2015 - June 15, 2015. If we have erred or omitted anyone, please accept our apologies.

CASH DONORS

Sean & Kayla Anderson
Dan & Michelle Axford family
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Mosinee
Zion Lutheran Church-Stratford



Kat Schilling made and donated these beautiful lawn ornaments for the Ronald McDonald House yard.

Special Notice to Third Party Fundraisers

The RMHC of Marshfield is always grateful for fundraising efforts by area organizations. However, it is necessary for us to approve all events that use our name and logo. If your group would like to organize a fundraising event to benefit the House, please call us at 715-387-5899, and we will be happy to discuss the details.

Many Thanks

TRIBUTES

In HONOR of:

GRASON & GABE ARMITAGE
Travis & Stacy Armitage
GABRIEL RUSSO
Jeff & Stephanie Berby
HAPPY 4TH BIRTHDAY, GARRETT
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Fred & Kathy Broker
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Julie Hanson
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Anonymous
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Jennifer Duranceau

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PAWLICKI
Daryl & Barbara Jakubek
THANK YOU, DR GEORGE KNOEDLER
Doris Kennedy
THANK YOU, TREVOR HAUSER
Bill & Amy Krause
SARA MAREK
Teresa Marek
HAPPY B'DAY, VICTORIA MARIE
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HENRY WYLLIS ULWELLING
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Tonya Vanderwyst
HAPPY ANNIVERSARY, DALE & KAY
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Ruth Zuleger

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Mark & Vicki Ziegahn

Our Needs List

Please check this list of items and foods that we so often need at our House. We're thankful for all the businesses, groups and individuals who refill our pantry.

Before making a large donation, we ask that you call 715-387-5899 to set up a delivery time.

FOOD ITEMS

- ♥ Grocery Store gift cards (these work great to purchase items as needed)
- ♥ Chicken (fresh or frozen)
- ♥ Fresh milk, eggs, bread & butter/weekly
- ♥ Fruits and veggies (fresh or frozen)
- ♥ Chicken and Beef Broth
- ♥ Instant mashed potatoes/scalloped potatoes
- ♥ Tomato juice products
- ♥ Whole grain breakfast cereals & bars
- ❖ Single portion sizes of fruit cups, cereals, mac n cheese, peanut butter, soups, etc. for our family lounge at the Children's Hospital

HOUSEHOLD ITEMS

- ♥ STORE gift cards (ShopKo, Target, Wal-Mart, Menards, MACCI, etc.)
- ♥ Paper toweling
- ♥ 4 & 8-gallon garbage bags
- ♥ 13-gallon drawstring garbage bags
- ♥ Pledge Multi-Surface everyday cleaner
- ♥ Furniture dusting wipes
- ♥ Disinfectant Wipes

OTHER

- ♥ "Forever" Postage Stamps
- ♥ White letter-size printer paper
- ♥ Blu-ray DVD players (2)
- ♥ Volunteer group to do Fall yard clean up

Ronald McDonald House

803 West North Street
Marshfield, Wisconsin 54449
(715) 387-5899
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